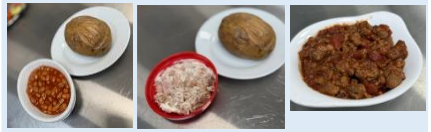
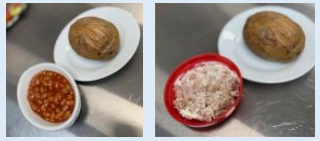
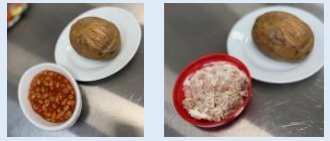
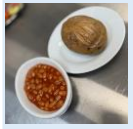
Week A	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Sausage Roll **(HM) (Wheat) (Egg) (Sulphur Dioxide)** with Gravy 	Beef Lasagne **(Halal) (Milk) (Eggs) (Wheat) (Mustard) (Soy)** 	Lamb Hotpot **(Halal)** 	Chicken Tikka **(Halal) (Milk)** 	Fish Cake **(Wheat)** with bun **(Wheat)** 
Choice 2	Quorn Sausage **Roll (HM) (Wheat) (Milk)** with Gravy 	Quorn Mince Chilli **(HM) (Soy) (Wheat) (Egg) (Barley)** with Spaghetti **(Wheat)** 	Vegetable Lasagne (HM) **(Milk) (Eggs) (Wheat) (Soya) (Mustard)** 	Vegetable and Lentil Tikka **(Milk)** 	Vegetable Nuggets **(Wheat) (Soy)** 
Choice 3	Jacket Potato with cheese **(Milk)** and beans or tuna mayo **(Fish) (Milk)** 	Jacket Potato with cheese **(Milk)** and beans or tuna mayo **(Fish) (Eggs)** or Beef Chilli **(Halal)** 	Jacket Potato with cheese **(Milk)** and beans or tuna mayo **(Fish) (Eggs)** 	Jacket Potato with cheese **(Milk)** and beans or tuna mayo **(Fish) (Eggs)** or Beef Chilli **(Halal)** 	Jacket Potato with cheese **(Milk)** and beans or tuna mayo **(Fish) (Eggs)** 
Choice of carb	Mash potato **(Milk)** or Hash Brown **(Milk) (Wheat)** 	Seasoned Wedges or Mash **(Milk)** 	Sautéed Potatoes or Mash **(Milk)** 	Rice or Mash **(Milk)** or Diced Potato 	Chips or Mash **(Milk)** 
Desert	Fruity Flapjack **(HM) (Wheat)** 	Carrot Cake with icing **(HM) (Milk) (Wheat) (Eggs)** 	Apple Crumble **(HM) (Milk) (Wheat)** With Custard **(Milk)** 	Banana Cake with icing & sprinkles **(HM) (Eggs) (Wheat) (Milk)** 	Shortbread Cookies **(Milk)** 

Choice of seasonal vegetables or salad.



(HM) Homemade
Wheat contains Gluten

Yoghurts and fresh fruit available. Selection of squash and water. Milk as requested.

Week B	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Lamb Quesadilla **(HM) (Halal) (Milk) (Wheat)** 	Beef Mince Stew **(Halal) (HM) (Celery)** 	Roast Chicken **(Halal) (HM)** with Stuffing **(Wheat)** 	Chicken Balti **(Halal) (HM) (Wheat) (Mustard)** 	Fish **(Wheat)** 
Choice 2	Veg Meatball **(Soy)** with whole wheat pasta **(Wheat)** 	Lentil Stew **(Celery)** 	Quorn & Vegetable Casserole **(Soy) (Celery)** 	Vegetable Balti **(Wheat) (Mustard)** 	Quorn Nuggets **(Wheat)** 
Choice 3	Jacket Potato with cheese **(Milk)** beans, tuna mayo **(Fish) (Eggs)**  	Jacket Potato with cheese **(Milk)** beans, tuna mayo **(Fish) (Eggs)** or Beef Chilli **(Halal)**   	Jacket Potato with cheese **(Milk)** and beans or tuna mayo **(Fish) (Eggs)**  	Jacket Potato with cheese **(Milk)** and beans or tuna mayo **(Fish) (Eggs)** or Beef Chilli **(Halal)**   	Jacket Potato with cheese **(Milk)** and beans or tuna mayo **(Fish) (Eggs)**  
Choice of carb	Mash potato **(Milk)** or Potato Wedges  	Mash **(Milk)** or Bread Roll **(Milk) (Wheat)**  	Roast Potatoes or Mash **(Milk)**  	Diced Potatoes or Mash **(Milk)** or Rice   	Chips or Mash **(Milk)**  
Desert	Blueberry Muffin **(HM) (Wheat) (Egg)** 	Brownies **(HM) (Milk) (Wheat) (Eggs)** 	Mix Fruit Crumble **(HM) (Wheat) (Milk)** with custard **(Milk)** 	Orange Cake with icing **(Milk) (Eggs) (Wheat)** 	Vegan Fruity Jelly 

Choice of seasonal vegetables or salad.

(HM) Homemade
Wheat contains Gluten

Yoghurts and fresh fruit available. Selection of squash and water. Milk as requested.