



































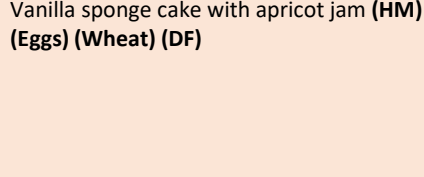



Week A	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice 1</b>	Beef Burger ( <b>Sodium Metabisulphite</b> ) (HM) (H) (Wheat) 	Chicken and Spinach Curry (H) (Milk) (HM) 	Pulled pork with gravy 	Italian chicken panini (Milk) (Wheat) or tuna panini (Milk) (Wheat) with or without cheese (Milk) 	Fish (Wheat) 
<b>Choice 2</b>	Veggie mince quesadilla (Wheat) (Milk) (Soya) (Egg) 	Lentils and spinach curry (HM) (Milk) 	Veggie mince stew (HM) (Eggs) (Wheat) (Soya) 	Spinach and cottage cheese quiche (Egg) (Wheat) (Milk) 	Cheese & Tomato Pizza (Wheat) (Milk) 
<b>Choice 3</b>	Jacket Potato with cheese (Milk) and beans or tuna mayo (Fish) (Eggs) or coleslaw with mayo (Eggs)  	Jacket Potato with cheese (Milk) and beans or tuna mayo (Fish) (Eggs) or Beef Chilli (H)  	Jacket Potato with cheese (Milk) and beans or tuna mayo (Fish) (Eggs)  	Jacket Potato with cheese (Milk) and beans or tuna mayo (Fish) (Eggs) or coleslaw with mayo (Eggs) (Milk)  	Jacket Potato with cheese (Milk) and beans or tuna mayo (Fish) (Eggs)  
<b>Choice of carb</b>	Mash potato (Milk) Seasoned Wedges or Garlic bread (Milk) (Wheat)   	Diced Potatoes or Mash (Milk) or Rice   	Roast Potatoes or Mash (Milk) or crusty bread roll (Milk) (Wheat)   	Mini potato waffles or Mash (Milk)  	Chips or Mash (Milk)  
<b>Desert</b>	Jam Donut (Wheat) (Gluten) (Soya) 	Lemon Cheesecake (HM) (Milk) (Wheat) (Eggs) 	Apple sponge (DF) (Eggs) With Custard (HM) (Milk) 	Vanilla sponge cake with apricot jam (HM) (Eggs) (Wheat) (DF) 	Rocky Road (Milk) (Wheat) (Soya) (Barley) (H) 

Choice of seasonal vegetables or salad.



(H) Halal  
(HM) Homemade  
(DF) Dairy Free

Yoghurts and fresh fruit available. Selection of squash and water. Milk as requested.

Week B	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choice 1</b>	Pork Sausage Bap (HM) (Wheat) (Sodium Sulphite) 	Chicken Korma (H) (Milk) 	Roasted Chicken (H) With Stuffing (Wheat) 	Beef Chilli Burritos (H) (Wheat) (Milk) with cheese (Milk) 	Fish (Wheat) 
<b>Choice 2</b>	Plant Based Sausage Bap (Wheat) (Milk) (Soya) (Barley) 	Vegetable Korma (HM) (Milk) 	Plant based mince lasagne (Milk) (Eggs) (Wheat) (Soya) (Mustard) 	Plant based Chilli burritos (HM) (Wheat) (Eggs) (Soya) with cheese (Milk) 	Crispy crumbed vegetable burger with bun (Wheat) (Milk) (Gluten) 
<b>Choice 3</b>	Jacket Potato with cheese (Milk) and beans or tuna mayo (Fish) (Milk) or coleslaw with mayo (Eggs) 	Jacket Potato with cheese (Milk) and beans or tuna mayo (Fish) (Eggs) or Beef Chilli (H) 	Jacket Potato with cheese (Milk) and beans or tuna mayo (Fish) (Eggs) 	Jacket Potato with cheese (Milk) and beans or tuna mayo (Fish) (Eggs) or coleslaw (Eggs) 	Jacket Potato with cheese (Milk) and beans or tuna mayo (Fish) (Eggs) 
<b>Choice of carb</b>	Mash potato (Milk) or Hash Brown (Milk) (Wheat) (Gluten) 	Diced Potatoes or Mash (Milk) or Rice 	Seasoned Roast Potatoes or Mash (Milk) 	Seasoned Wedges or Mash (Milk) 	Chips or Mash (Milk) 
<b>Desert</b>	Ice Cream (Milk) 	Strawberry Jam Cornflake Tart (HM) (Barley) 	Pear and chocolate sponge (HM) (Eggs) (Wheat) (DF) with custard (Milk) 	Citrus Sponge with icing (HM) (Eggs) (DF) 	Summer fruit muffins (Milk) (Wheat) (Egg) 

Choice of seasonal vegetables or salad.



(H) Halal  
(HM) Homemade  
(DF) Dairy Free

Yoghurts and fresh fruit available. Selection of squash and water. Milk as requested.