

















Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Beef Burger in Bun (H) (Wheat) (Milk) 	Cheese Panini, Ham Panini, Tuna Panini, with cheese or without cheese (Wheat) (Milk) (HM) 	Roast Chicken (H) With Stuffing (Wheat) 	Lamb Shepard's pie (H) (HM) (Milk) 	Fish (Wheat) 
Choice 2	Plant Based Meatballs With Tomato & Basil Sauce (Wheat)(Milk)(Soya) (Barley) 	Plant Based Veggie Mince Lasagne(HM)(Milk) (Egg)(Wheat)(Vegan) 	Quorn fillet With Stuffing (Vegan) (Wheat) 	Cheese & Onion Flan (HM) (Wheat)(Milk)(Eggs) 	Quorn Southern Style Burger with Bun (Vegan) (Wheat) (Milk)(Eggs) 
Choice 3	Jacket Potato with cheese and beans or beef chilli (H)	Jacket Potato with cheese and beans or tuna mayo (Fish) (Eggs) 	Jacket Potato with cheese and beans or tuna mayo (Fish) (Eggs) 	Jacket Potato with cheese and beans or beef chilli (H)	Jacket Potato with cheese and beans or tuna mayo (Fish) (Eggs) 
Choice of carb	Mash potato (Milk) or Wedges or Spaghetti (Wheat) 	Sweet potato wedges or Mash(Milk) or Garlic Bread (Wheat) 	Roast Potatoes or Mash (Milk) 	Hash browns (Milk) or Mash(Milk) or rice 	Chips or Mash (Milk) 
Desert	Fruity Muffin (HM) (Wheat) (Milk) (Eggs) 	Ice Cream (Milk) 	Chocolate Sponge With Custard (HM) (Eggs) (Wheat) (Milk) 	Iced Orange Sponge (HM) (Eggs) (Wheat) (Milk) 	Chocolate Cracknel (Wheat) 

Choice of seasonal vegetables

Yoghurts and fresh fruit. Bread and salad as requested.

Selection of squash and water. Milk as requested.

					
Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin
					
Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds
					
Soya	Sulphur Dioxide	Vegan			

H = HALAL

HM = HOME MADE

