

SENDactive AT HOME

Hello everyone,

Firstly, myself and the SENDactive Directors hope that you and your families are all doing well and staying safe at this incredibly challenging and uncertain time.

I am emailing to provide an update to all of our amazing *SENDactive Partner Schools*. I know that it seems like there is a lot of information below, but we would appreciate it if you could take some time to have a read through, as we hope it will offer some support.

Of course, a number of the opportunities that we would have normally provided (Calendar of Sport, Leadership Academy etc) were put on hold back at the beginning of March. However, SENDactive are still here to support you, your young people and your school's families over the coming weeks and months.

I am sure you will all agree that there has never been a more important time for us all to keep active and to look after our mental health and wellbeing. I know that you will already be supporting your young people and their families in a number of ways throughout this period, and I am also aware that many (if not all) schools will still be providing a safe place for children of key workers and the most vulnerable.

Here at SENDactive, we will be supporting all of our SENDactive Partner Schools in the following ways...

SENDactive CALENDAR OF SPORT AT HOME

We are bringing the upcoming SENDactive Calendar of Sport events to homes across Coventry, Solihull and Warwickshire, through our range of activity cards.

These will be available on the SENDactive website's designated *SENDactive at Home* page (<http://sendactive.org/sendactive-at-home/>); SENDactive Twitter account (<https://twitter.com/sendactive>); and they will also be emailed to you. Each activity card will be shared to coincide with the week in which the corresponding event would have taken place (i.e. one activity card per week).

We would really appreciate it if you could share these resources with your young people and school's families, where you feel appropriate, and share with us any feedback you receive from your young people and families.

SENDactive FAMILY ACTIVITY PACK

The *SENDactive Family Activity Pack* includes 6 different activity cards for your young people to use at home with their family!

From newspaper jigsaws to blindfolded trust games; pen and paper activities to good old hide and seek, there is something for everyone.

Please feel free to direct your young people and school's families to the resource via the following link: <http://sendactive.org/sendactive-family-activity-pack-2/>

MORE ACTIVITIES

We will provide links to other appropriate resources via the SENDactive website's designated *SENDactive at Home* page (<http://sendactive.org/sendactive-at-home/>) and SENDactive Twitter account (<https://twitter.com/sendactive>). These will be updated regularly, so please do encourage your young people and school's families to keep an eye on these.

SENDactive TWITTER

As we live in a very different world at the moment, the emphasis on keeping in touch has never been greater. SENDactive wish to ensure that we can continue to provide for and support the young people with whom you all work.

Our Twitter account (<https://twitter.com/sendactive>) will act as an important means of information sharing, and all of the above mentioned resources will be promoted through Twitter.

With this in mind, please do feel free to share the @SENDactive Twitter handle (<https://twitter.com/sendactive>) with your young people and school's families.

If you could also kindly ask whoever is responsible for your school social media to ensure that you are following @SENDactive and encourage them to retweet and engage with the account, that would be greatly appreciated.

Thank you for taking the time to have a read through this information. ***Please look out for the first SENDactive Calendar of Sport at Home email, which will be in your inbox very soon.***

Should you have any questions, queries, feedback or ideas, please do not hesitate to get in touch on any of the contact details below.

Best wishes, and stay safe.

Matt

Matt Rickard | SENDactive Sports Coordinator
SENDactive CIC