














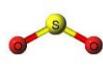



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Italian Chicken (HM) (H)	Lamb Hot Pot (HM) (H)	Pork Sausage Roll (HM) (Milk) (Wheat) (Eggs) 	Boiled Gammon	Fish (Wheat) 
Choice 2	Meatless Hotdog (Vegan) (Wheat) 	Quorn Tikka (Vegan) (HM) (Eggs) (Milk) (Wheat) 	Plant Based Veggie Bolognaise (Vegan) (HM) 	Quorn Fillet (Vegan) (Wheat) 	Vegetable Lasagne (Vegan) (HM) (Wheat) (Milk) 
Choice 3	Jacket Potato with cheese and beans or tuna mayo (Fish) (Eggs) 	Jacket Potato with cheese and beans or tuna mayo (Fish) (Eggs) 	Jacket Potato with cheese and beans or tuna mayo (Fish) (Eggs) 	Jacket Potato with cheese and beans or tuna mayo (Fish) (Eggs) 	Jacket Potato with cheese and beans or tuna mayo (Fish) (Eggs) 
Choice of carb	Mash potato (Milk) or Potato wedges 	Mash or Rice (Milk) or Diced Potatoes 	Saute Potatoes or Mash (Milk) or Spaghetti (Wheat) 	Roast Potatoes or Mash (Milk) 	Chips or Mash (Milk) 
Desert	Chocolate sponge & custard (HM) (Wheat) (Eggs) (Milk) 	Cheesecake (HM) (Milk) (Wheat) 	Iced Banana Cake (HM) (Eggs) (Wheat) 	Apple Sponge & custard (HM) (Eggs) (Wheat) (Milk) 	Chocolate Cracknel (Wheat) (HM) 

Choice of seasonal vegetables

Yoghurts and fresh fruit. Bread and salad as requested.

Selection of squash and water. Milk as requested.

					
Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin
					
Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds
					
Soya	Sulphur Dioxide	Vegan			

H = HALAL

HM = HOME MADE

