



On Sunday 12 May, I will join up to 20,000 cyclists riding 100 miles in the [Velo Birmingham](#) which passes through Coventry. What started as a personal challenge has turned into an opportunity to raise money for the campaign to fund the re-furbishment of the Hydrotherapy Pool at [Sherbourne Fields Special School](#). I work at Public Health England (PHE) and found out about the campaign through a colleague whose son is a pupil at the school and gets great enjoyment from the swimming sessions in the pool. I was impressed by the recent fund raising activities where local supporters raised almost £5,000 by running in various events in Coventry and thought I could do my bit to help out as well.

I am a keen cyclist and also do a bit of swimming in the local pools where I live. I strongly believe all children should have the opportunity to enjoy sporting and physical activities in the best possible settings. When I heard that the school needed to raise £350,000 to refurbish the hydrotherapy pool, I resolved to ask my friends, family and colleagues to sponsor my bike ride to help the school hit its target. In 2022, Birmingham hosts the Commonwealth Games when thousands of world class athletes will compete in first class facilities in the West Midlands. It would be great to think that by then the children of Sherbourne Fields school will enjoy themselves in a swimming pool that can also be described as first class.



I am currently training to prepare myself for the ride and you can follow me on my [Strava account](#) as I strive to improve my fitness. You will also be able to follow my progress on the day using Strava.

Thank you for taking the time to read this and now please give generously through my [Just Giving page](#) to this fantastic local cause.

Thank you

Pat

